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Welcome to the Division of Medical Genetics at Weill Cornell Medical College.

# Why was I/my child referred to Medical Genetics?

Medical Genetics is a specialty that focuses on diagnosis, management and counseling of patients who have, are suspected of having or are at risk for having a genetic disorder. There are many reasons why your/your child's doctor may have suggested a Genetics evaluation. Some common reasons for referral include:

- Developmental delay/ Intellectual disability
- Autism Spectrum Disorder
- Birth defects

- Abnormal growth
- Abnormal genetic test result
- Family history of genetic condition

## How do I prepare for my visit?

- Please complete the intake form and return to our office prior to your visit. If it is not possible to return them prior to your visit please bring them with you.
  - These forms can be found online at <u>http://weillcornell.org/genetics/</u>
  - Forms can be returned via:
    - Mail to: 505 East 70<sup>th</sup> St, 3<sup>rd</sup> Floor, Box 128, New York, NY 10021
    - Fax to: 646-962-0273
- Bring to the clinic visit results from any genetic testing that you/your child or other family members have had.

### What happens at a Genetics clinic appointment?

A clinic visit in Genetics is very similar to any other doctor visit. The appointment typically lasts about an hour. You will meet with the doctor and genetic counselor who will ask questions about your/your child's medical history and family history, perform a physical examination and review any tests that have already been done. The doctor will then discuss recommendations for your/your child's care, which may include genetic testing.

### What is Genetic testing?

Genetic tests are used to identify the cause of a suspected genetic condition. There are many different genetic tests and most are done on a blood sample. These tests look for changes in chromosomes, genes or proteins that are abnormal and that will help the doctor find the cause of your/your child's medical concerns. If testing is recommended, your doctor will explain the specific test ordered at your clinic visit. Genetic testing often requires the doctor or genetic counselor to obtain authorization from your insurance company prior to ordering the test. After the test is sent to the laboratory, the results are usually available in about 4 to 8 weeks, but this will vary depending on the test.

### We look forward to meeting you at your visit.

Sincerely,

The Division of Medical Genetics at Weill Cornell-NewYork-Presbyterian

Christopher Cunniff, MD Medical Geneticist Jessica Davis, MD Medical Geneticist Lilian Cohen, MD Medical Geneticist Jennifer Bassetti, MD Medical Geneticist

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